

Montessori Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
W e e k 1	AM: Snack Ritz Crackers/ Juice	AM: Snack Animal Crackers/ Juice	AM: Snack Pretzel/ Juice	AM: Snack Saltine Crackers/Cheese/Juice	AM: Snack Vanilla Wafers / Juice
	L: Chicken Legs Veg./Yellow Rice Oatmeal Cookies/ Milk	L: Chicken Noodle Soup C/Sandwich Apples/ Milk	L: Spaghetti w/ground meat in t/sauce Salad/ Pineapple Tit Bits/ Milk	L: Swedish T meat Balls in Mushroom Soup with rice/ Salad Bananas/ Milk	L: Tuna Melt on buns/ Cucumber Apple Sauce / Milk
	PM: Snack Trail Mix / Milk	PM: Snack Pita Bread Salsa\ Milk	PM Snack Cheese it Crackers/ Milk	PM: Snack French Toast/ Milk	PM: Snack Corn – Chip / Salsa / Milk
W e e k 2	AM: Snack Teddy Grahams crackers Juice	AM: Snack Ritz Crackers/ Juice	AM: Snack Graham crackers/ Juice	AM: Snack Mix Trail/ Juice	AM: Snack Vanilla Cookies/ Juice
	L: Macaroni/cheese Turkey slices Mandarin oranges / Milk	L: Pizza Salad Banana/ Milk	L: Beef Burger, Roll, Mashed Potatoes, Pineapple Tit-Bits/ Milk	L: Taco/beef/ tomato/Salad/Cheese Banana / Milk	L: Chicken Tenders / Rolls Broccoli /cauliflower Peaches/ Milk
	PM: Snack Bagels/C. Cheese / Milk	PM: Snack Cheese it/ milk	PM: Snack Gold Fish /milk	PM: Snack Pretzels/ Milk	PM: Snack Chetos / Milk
W e e k 3	AM: Snack Animal Crackers/ Juice	AM: Snack Graham Crackers/ Juice	AM: snack Vanilla Wafers/ Juice	AM: Snack Vanilla Cookies	AM: Snack Ritz Crackers/ Juice
	L: Chicken Patty, buns Salad Pineapple tit bits/ Milk	L: Chicken Nuggets, buns Salad Oatmeal cookies / Milk	L: Fish Stick/ Bread Beans Bannana/ Milk	L: Tomato soup C/ Sandwich, Salad Mix Fruit Milk	L: Cheese Pizza Celery Stick & Carrots Apple sauce/ Milk
	PM: Snack Gold Fish / Milk	PM: Snack S. Cracker/ Cheese / Milk	PM: Snack C chips Cookies/ Milk	PM: Snack Rice Crispies / Milk	PM: Snack Teddy Grahams/ Milk
W e e k 4	AM: Snack Ritz Crackers/ Juice	AM: Snack Pretzels / Juice	AM Snack Animal Crackers/ Juice	AM: Snack Vanilla Wafers/ Juice	AM: Snack Cheese it/juice
	L: Rice with Beans Turkey slices Mandarin oranges / Milk	L: Chicken/rice Soup C/Sandwich Apples/ Milk	Rice Pilaf / Turkey Salad Mixed fruit/ Milk	L: Meat Loaf, bread Broccoli Jell-O / Milk	Chicken Tenders, Bread Salad Banana/Milk
	PM: Snack Graham Crackers/ Milk	PM: Snack Cheese it Crackers/ Milk	PM Snack Pita Bread / Salsa/ Milk	PM: Snack Oreo Cookies / Milk	PM: Snack Blueberry Muffins / Milk
W e e k 5	AM: Snack Teddy Grahams crackers Juice	AM: Snack Mix Trail/ Juice	AM: Snack Vanilla Cookies	AM: Snack Graham Crackers/ Juice	AM Snack Ritz Crackers/Juice
	L: Macaroni/cheese Turkey slices Mandarin oranges / Milk	L: Taco/beef/ tomato/Salad/Cheese Banana / Milk	L: Tomato soup C/ Sandwich, Salad Mix Fruit Milk	L: Chicken Nuggets, buns Salad Oatmeal cookies / Milk	Spaghetti w/ground Meat T/Sauce, Salad Mixed fruit Milk
	PM: Snack Bagels/C. Cheese / Milk	PM: Snack Pretzels/ Milk	PM: Snack Rice Crispies / Milk	PM: Snack S. Cracker/ Cheese / Milk	PM Snack Saltine Crackers/ Milk

